

## Teen Creative (A 12 week Peer Support Group)

### Synopsis of Participant:

Youth between the ages of 12 and 15 who have experienced child abuse. Participants should be willing to listen to other youth and facilitators who will be speaking about sensitive topics and experiences. Participants will be asked to share their experiences through various forms of creative expression. We request that the participants have gone through and completed the investigation process with Family and Children's Services Niagara and/or the Niagara Regional Police Service. This group is not intended to provide therapeutic support but, will focus on using creativity as a vehicle to further their recovery from the impacts of child abuse. Over the 12 weeks participants will cover the following topics: defining abuse, effects of abuse, managing emotions, risky behaviour, understanding the self, self-care coping strategies, grief, impact of social media, family and friend challenges, empowerment and confidence and recovery and resiliency.

***This group will run with a minimum of 6 and a maximum of 10 participants.***

### Referral Process:

Referrals are welcome from community services, agencies, and the private sector as well as self-referrals. Please forward a completed screening/intake process form to the Centre.

The group is headed with joint leadership from Kristen French Child Advocacy Centre, Foster Festival and volunteer leadership. Guest artists provide ongoing creative leadership.

### Please contact:

Keegan Kaior  
Kristen French Child Advocacy Centre  
905-937-5435 Ext. 7024  
[youthoutreachcoordinator@kristenfrenchcacn.org](mailto:youthoutreachcoordinator@kristenfrenchcacn.org)  
Youth Outreach Coordinator

**Our next group will start Thursday September 12<sup>th</sup>, 2019 - Registration deadline is **Tuesday September 10<sup>th</sup>, 2019****

Sincerely,  
Kegan Kaior

*"I loved this program so much, it helped me make friendships and made me feel like I can go to a safe and judgement free zone. It always had me looking forward to every session and I'm so proud to have been a part of the beginning of such an amazing teen program"*

*– Anonymous, 2017*

*"Teen Creative was a very positive experience for me. It gave me a chance to connect with others who have gone through similar experiences. Which in turn made me feel a lot better personally because I was able to finally understand I'm not going through these things alone."*

*– Anonymous, 2017*

**Teen Creative is supported by the Ontario Trillium Foundation**